



IV Sedation Pre-Operative Instructions

1. No food for six to eight hours (6-8) prior to appointment. You may have clear liquids up to 2 hours before your appointment. This includes water or apple juice.
2. Two hours prior to your appointment please drink one- 6 ounces of apple juice. This will help elevate your blood sugar levels.
3. You must have a responsible adult drive you to and from your appointment and care for you for twelve (12) hours. No taxis, buses, or ride share services, ex. uber, lyft are permitted.
4. No driving of any vehicles for at least twelve (12) hours following appointments. The medications stay in your system for several hours and will impair your ability to drive safely.
5. No smoking or drinking alcohol for 8 hours prior to the dental appointment.
6. Perform your usual oral hygiene prior to your appointment.
7. Please visit the restroom prior to being taken back for your appointment.
8. Please wear loose, comfortable clothing with short sleeves. Leave all rings and jewelry at home. Wear minimal make-up the day of surgery.
9. You should not be sedated if you are pregnant. If you are currently pregnant, your appointment will need to be rescheduled.
10. Please do not wear contact lenses.
11. Medications that you take on a daily basis can and should be taken at the normal time with a small amount of water, unless otherwise discussed with Dr. Black.
12. Suggested food to have on hand and at home after the surgery: Soft, non-spicy foods such as yogurt, ice cream, pudding, Jell-O, pasta, mashed potatoes, scrambled eggs, soup, fruit smoothies, etc.
13. If for any reason you cannot keep your appointment, please call us at least 48 hours before your appointment. **No shows or same day cancellations will have a \$100 broken appointment fee** charged to their account.

Following most surgical procedures there may or may not be pain. You will be provided with medication for discomfort that is appropriate for you. In most cases, a non-narcotic regimen is recommended consisting of Acetaminophen (Tylenol) and Ibuprofen. These two medications taken together can be as effective as a narcotic without any of the side effects. If a narcotic has been prescribed, follow the directions carefully.

Your appointment is scheduled for: _____

Your Copay is: _____ and is expected at the time of service.